

MICHAEL ANDERSON

Personal Care Assistant

- San Francisco, CA
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Dynamic and empathetic Personal Care Assistant with a strong foundation in supporting individuals with disabilities and chronic conditions. Over three years of professional experience dedicated to improving the quality of life for clients through tailored care solutions. Exhibits exceptional interpersonal skills and a commitment to fostering a supportive and encouraging environment.

WORK EXPERIENCE

Personal Care Assistant | Inclusive Care Services

Jan 2022 – Present

- Provided direct support to clients with disabilities in daily living activities.
- Assisted clients with mobility and personal care, ensuring safety and comfort.
- Engaged clients in social activities to enhance emotional wellbeing.
- Collaborated with families to develop individualized care plans.
- Maintained accurate records of client care and progress.
- Participated in training workshops to enhance caregiving skills.

Caregiver | Supportive Living Agency

Jul 2019 – Dec 2021

- Assisted individuals with personal hygiene and grooming to promote dignity.
- Supported clients in meal preparation and nutritional planning.
- Documented care activities and communicated effectively with healthcare providers.
- Promoted independence through encouraging participation in daily tasks.
- Provided companionship to clients, fostering emotional connections.
- Ensured a clean and safe environment for clients at all times.

SKILLS

disability support

emotional wellbeing

personal care

communication

teamwork

safety awareness

EDUCATION

Diploma in Health and Social Care

2015 – 2019

City College

ACHIEVEMENTS

- Achieved a client satisfaction rating of 98% through dedicated service.
- Recognized for exceptional teamwork and support during staff training sessions.
- Implemented a client feedback system that enhanced service delivery.

LANGUAGES

English

Spanish

French