



MICHAEL ANDERSON

DANCE THERAPIST

CONTACT

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-  San Francisco, CA

SKILLS

- Dance Therapy
- Movement Analysis
- Curriculum Design
- Emotional Support
- Community Engagement
- Performance Coordination

LANGUAGES

- English
- Spanish
- French

EDUCATION

MA IN DANCE THERAPY, UNIVERSITY OF CALIFORNIA

ACHIEVEMENTS

- Presented research on the impact of dance therapy at the National Conference for Arts in Education.
- Established a scholarship fund for students pursuing careers in dance therapy.
- Recognized for excellence in teaching with the 'Outstanding Educator Award' by local arts council.

PROFILE

Accomplished Performing Arts Educator with a robust background in dance and movement therapy, combining artistic expression with psychological well-being. Over 10 years of experience in creating inclusive dance programs for individuals with diverse needs, focusing on the therapeutic benefits of dance as a form of communication and self-expression. Expertise in developing individualized lesson plans that cater to students' physical and emotional health.

EXPERIENCE

DANCE THERAPIST

Harmony Dance Studio

2016 - Present

- Designed and implemented therapeutic dance programs tailored to individual student needs.
- Facilitated group sessions that promoted emotional expression through movement.
- Collaborated with mental health professionals to integrate therapeutic practices into dance education.
- Conducted assessments to evaluate students' progress and adapt programs accordingly.
- Trained staff in best practices for supporting students with diverse needs.
- Organized community performances to raise awareness about the benefits of dance therapy.

DANCE INSTRUCTOR

Creative Arts Academy

2014 - 2016

- Developed and taught dance classes for students of all ages and skill levels.
- Created a nurturing environment that encouraged self-expression and creativity.
- Implemented performance opportunities that fostered teamwork and collaboration among students.
- Utilized a variety of dance styles to enhance students' technical skills and artistic understanding.
- Organized workshops with guest artists to broaden students' perspectives on dance.
- Assessed student performance and provided constructive feedback to support growth.