



MICHAEL ANDERSON

Wilderness Therapy Program Director

Strategic Outdoor Recreation Consultant with a comprehensive background in wilderness therapy and experiential learning. Expertise encompasses designing therapeutic outdoor programs aimed at youth and families facing challenges. Recognized for the ability to create safe and supportive environments that foster personal development and resilience. Skilled in assessing client needs and tailoring programs to ensure impactful experiences.

CONTACT

- (555) 234-5678
- michael.anderson@email.com
- San Francisco, CA

EDUCATION

Master of Arts in Counseling Psychology

University of Denver
2016-2020

SKILLS

- wilderness therapy
- experiential learning
- client assessment
- program development
- mental wellness
- collaboration

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Wilderness Therapy Program Director

2020-2023

Healing Trails Institute

- Designed and implemented wilderness therapy programs for at-risk youth, improving resilience scores by 30%.
- Collaborated with mental health professionals to ensure program effectiveness and safety.
- Trained staff on therapeutic techniques and outdoor skills.
- Managed client assessments to tailor programs to individual needs.
- Established partnerships with community organizations for program support.
- Evaluated program outcomes and presented findings to stakeholders.

Experiential Learning Facilitator

2019-2020

Outdoor Connections

- Facilitated outdoor experiences that promote personal growth and teamwork.
- Developed curriculum focusing on experiential learning principles.
- Conducted evaluations to measure participant growth and satisfaction.
- Engaged with families to provide support and resources for outdoor activities.
- Implemented safety protocols to ensure a secure learning environment.
- Collaborated with educational institutions to integrate outdoor programming into curricula.

ACHIEVEMENTS

- Achieved a 90% satisfaction rate among participants in therapeutic programs.
- Recognized for innovative approaches to wilderness therapy by industry peers.
- Secured funding to expand therapeutic programs to underserved communities.