



MICHAEL ANDERSON

ADAPTIVE OUTDOOR PROGRAM FACILITATOR

CONTACT

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-  San Francisco, CA

SKILLS

- Therapeutic Recreation
- Adaptive Programming
- Participant Assessment
- Team Collaboration
- Program Evaluation
- Community Outreach

LANGUAGES

- English
- Spanish
- French

EDUCATION

MASTER OF SCIENCE IN THERAPEUTIC RECREATION, UNIVERSITY OF WELLNESS, 2014

ACHIEVEMENTS

- Increased participation in adaptive programs by 40% through targeted outreach initiatives.
- Recognized for developing a unique therapy model that integrates outdoor experiences with mental health support.
- Received 'Excellence in Service Award' for outstanding contributions to therapeutic recreation in 2022.

PROFILE

Accomplished Outdoor Activities Instructor with a robust background in therapeutic recreation and experiential learning methodologies. Over 8 years of dedicated service in facilitating outdoor programs that promote mental health, social skills, and physical fitness among individuals with disabilities. Adept at modifying activities to accommodate varying abilities, ensuring inclusivity and participation. Expertise in utilizing nature as a therapeutic medium to foster healing and personal development.

EXPERIENCE

ADAPTIVE OUTDOOR PROGRAM FACILITATOR

Inclusive Adventures

2016 - Present

- Designed and delivered adaptive outdoor programs that catered to individuals with diverse needs.
- Collaborated with healthcare professionals to create tailored activity plans for participants.
- Trained staff on best practices for inclusive programming and participant engagement.
- Implemented feedback mechanisms to assess program impact and participant satisfaction.
- Organized community events to raise awareness about adaptive outdoor opportunities.
- Maintained safety standards and emergency protocols during all activities.

RECREATIONAL THERAPIST

Healing Horizons

2014 - 2016

- Facilitated therapeutic outdoor sessions to promote physical and emotional well-being.
- Developed individualized treatment plans that incorporated outdoor activities and nature-based interventions.
- Conducted assessments to evaluate participant progress and adjust programs accordingly.
- Trained volunteers to assist in outdoor therapeutic sessions, enhancing program capacity.
- Organized workshops on the benefits of outdoor recreation for mental health.
- Established partnerships with local parks to expand program offerings and accessibility.