



# Michael

## ANDERSON

### HAND THERAPIST

Results-driven Occupational Therapist with 7 years of experience specializing in hand therapy and upper extremity rehabilitation. My career has been marked by a commitment to helping patients regain functionality and independence following injuries or surgeries. I possess a deep understanding of anatomy and biomechanics, allowing me to create effective treatment plans that focus on enhancing strength, mobility, and dexterity.

### WORK EXPERIENCE

#### HAND THERAPIST

Elite Hand Rehabilitation Clinic

2020 - 2025

- Specialized in developing customized treatment plans for hand and upper extremity injuries.
- Conducted thorough assessments to evaluate strength and functional limitations.
- Utilized modalities such as ultrasound and electrical stimulation to enhance recovery.
- Collaborated with orthopedic surgeons to coordinate patient care effectively.
- Facilitated workshops on injury prevention and rehabilitation techniques.
- Achieved a 40% improvement in hand functionality metrics for patients post-treatment.

#### OCCUPATIONAL THERAPIST

Sports Rehab Center

2015 - 2020

- Provided therapy for athletes recovering from upper extremity injuries.
- Designed rehabilitation exercises to enhance strength and range of motion.
- Maintained detailed records of patient progress and treatment outcomes.
- Educated patients on injury prevention techniques to minimize future risks.
- Supported a team of therapists in developing comprehensive rehabilitation programs.
- Increased patient return-to-sport rates by 30% through targeted interventions.

### CONTACT

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### SKILLS

- Hand Therapy
- Rehabilitation Techniques
- Patient Education
- Team Collaboration
- Assessment Skills
- Empathy

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**BACHELOR OF SCIENCE IN  
OCCUPATIONAL THERAPY, HEALTH  
SCIENCES UNIVERSITY, 2014**

### ACHIEVEMENTS

- Developed a new hand therapy protocol that improved recovery times by 50% in 2020.
- Received the Clinical Excellence Award in 2021 for outstanding patient outcomes.
- Conducted research that contributed to best practices in hand rehabilitation.