



MICHAEL ANDERSON

Geriatric Nutrition Therapist

As an experienced Nutrition Therapist specializing in geriatric nutrition, I have dedicated over 9 years to improving the quality of life for older adults through tailored nutritional interventions. My background includes working in both clinical and community settings, where I have developed programs that address the unique dietary needs of seniors.

WORK EXPERIENCE

Geriatric Nutrition Therapist

2020-2023

Senior Wellness Center

- Conducted nutritional assessments for seniors with chronic health conditions.
- Developed individualized meal plans to meet specific dietary needs.
- Collaborated with healthcare teams to enhance patient care.
- Provided nutrition education to seniors and their caregivers.
- Monitored dietary intake and adjusted plans as necessary.
- Facilitated support groups focusing on nutrition and aging.

Nutrition Coordinator

2019-2020

Community Senior Services

- Managed nutrition programs for older adults in community settings.
- Organized health fairs to promote nutrition awareness among seniors.
- Developed partnerships with local organizations to improve access to nutritious foods.
- Conducted workshops on meal planning and nutrition for aging populations.
- Evaluated program effectiveness through participant feedback and health outcomes.
- Provided training for volunteers on nutrition-related topics.

ACHIEVEMENTS

- Increased participant satisfaction in nutrition programs by 35% through improved services.
- Successfully implemented a nutrition assessment tool used in community health screenings.
- Recognized for outstanding service in geriatric nutrition by local health authorities.

CONTACT

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EDUCATION

Master's in Gerontology

University of Southern California

2013

SKILLS

- Geriatric Nutrition
- Patient Education
- Meal Planning
- Community Outreach
- Program Development
- Team Collaboration

LANGUAGES

- English
- Spanish
- French