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SKILLS

- Pediatric Nutrition
- Family Counseling
- Meal Planning
- Health Education
- Program Development
- Child Development

EDUCATION

**MASTER'S IN PEDIATRIC NUTRITION,
UNIVERSITY OF ILLINOIS, 2015**

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Improved client health outcomes by reducing childhood obesity rates by 20% within a year.
- Created a successful nutrition curriculum implemented in 5 local schools.
- Recognized for excellence in pediatric care by the state nutrition association.

Michael Anderson

PEDIATRIC NUTRITION THERAPIST

I am a detail-oriented Nutrition Therapist with a focus on pediatric nutrition, possessing over 7 years of experience in providing specialized dietary counseling for children and adolescents. My experience includes working in clinical settings as well as private practice, where I have developed tailored nutrition plans that address growth, development, and health challenges specific to younger populations.

EXPERIENCE

PEDIATRIC NUTRITION THERAPIST

Children's Health Center

2016 - Present

- Provided individualized nutrition counseling for children with dietary restrictions.
- Developed meal plans that support healthy growth and development.
- Collaborated with pediatricians to create comprehensive care plans.
- Conducted group education sessions for parents on childhood nutrition.
- Monitored and evaluated dietary progress in children over time.
- Created engaging educational materials to promote healthy eating among children.

NUTRITION SPECIALIST

Healthy Kids Program

2014 - 2016

- Assisted in the design of nutrition programs targeting childhood obesity.
- Conducted nutritional screenings and assessments for children.
- Facilitated workshops for families to encourage nutritious meal planning.
- Developed partnerships with local schools to promote health initiatives.
- Evaluated program outcomes and provided recommendations for improvement.
- Supported families in making healthy choices through personalized guidance.