

# MICHAEL ANDERSON

Youth Nutrition Educator

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Enthusiastic Nutrition Program Educator with a passion for engaging youth in nutrition education. Extensive experience in developing interactive programs that promote healthy eating habits among children and adolescents. Proven ability to create a supportive learning environment that encourages participation and enthusiasm for nutrition. Strong background in utilizing hands-on activities, games, and technology to enhance the educational experience.

## WORK EXPERIENCE

### Youth Nutrition Educator | Healthy Kids Initiative

Jan 2022 – Present

- Developed fun and interactive nutrition programs for children aged 6-18.
- Utilized games and activities to teach healthy eating concepts effectively.
- Organized school-based events to promote nutrition awareness among students.
- Collaborated with parents to encourage healthy eating at home.
- Evaluated program effectiveness through participant feedback and health metrics.
- Trained volunteers to assist in delivering nutrition education sessions.

### Nutrition Workshop Facilitator | Youth Empowerment Program

Jul 2019 – Dec 2021

- Facilitated workshops focused on nutrition and healthy lifestyle choices.
- Engaged participants through hands-on cooking demonstrations.
- Developed educational materials tailored to youth interests and needs.
- Evaluated participant knowledge before and after workshops to measure impact.
- Organized community events to promote healthy eating habits.
- Collaborated with local chefs to provide culinary experiences for youth.

## SKILLS

Youth engagement

Interactive learning

Program development

Community events

Cooking demonstrations

Parent collaboration

## EDUCATION

### Bachelor of Science in Nutrition Education

2019

University of North Carolina

## ACHIEVEMENTS

- Increased youth participation in nutrition programs by 70% through innovative outreach.
- Received the 'Best Youth Program Award' in 2023.
- Launched a successful after-school nutrition club that engaged 50+ students weekly.

## LANGUAGES

English

Spanish

French