



# MICHAEL ANDERSON

## CLINICAL NUTRITION SPECIALIST

### CONTACT

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-  San Francisco, CA

### SKILLS

- patient education
- motivational interviewing
- chronic disease management
- electronic health records
- group facilitation
- research methodologies

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**BACHELOR OF SCIENCE IN DIETETICS,  
UNIVERSITY OF FLORIDA, 2014**

### ACHIEVEMENTS

- Increased patient satisfaction scores by 30% through enhanced education methods.
- Developed a successful diabetes education program recognized by local health authorities.
- Contributed to a published study on nutrition interventions in clinical settings.

### PROFILE

An innovative Nutrition Education Specialist with a robust background in clinical nutrition and patient education. Expertise in formulating individualized nutrition plans that address specific health conditions and dietary restrictions. Proven track record in enhancing patient engagement through motivational interviewing and behavior change techniques. Committed to fostering a supportive environment that encourages sustainable lifestyle modifications.

### EXPERIENCE

#### CLINICAL NUTRITION SPECIALIST

##### Wellness Health Center

*2016 - Present*

- Developed personalized nutrition care plans for patients with chronic health conditions.
- Conducted one-on-one counseling sessions to improve dietary compliance.
- Collaborated with healthcare providers to integrate nutrition into patient care.
- Utilized electronic health records to track patient progress and outcomes.
- Facilitated group education sessions on diabetes management and healthy eating.
- Participated in interdisciplinary team meetings to enhance patient care strategies.

#### NUTRITION EDUCATOR

##### Healthy Living Clinic

*2014 - 2016*

- Conducted nutritional assessments and developed tailored education programs.
- Educated patients on the relationship between nutrition and chronic disease prevention.
- Implemented community outreach programs to increase awareness of nutrition services.
- Utilized digital platforms to deliver nutrition education materials.
- Provided training for healthcare staff on nutrition-related topics.
- Participated in research initiatives to evaluate program effectiveness.