



Michael ANDERSON

PEDIATRIC NUTRITION SPECIALIST

Dedicated Nutrition and Wellness Coach specializing in pediatric nutrition and family wellness. Combines expertise in nutrition with a passion for promoting healthy habits among children and their families. Demonstrates a unique ability to engage children in nutrition education, making learning fun and impactful. Proven success in developing family-oriented programs that encourage healthy eating and active lifestyles.

WORK EXPERIENCE

PEDIATRIC NUTRITION SPECIALIST

Family Health Center

2020 - 2025

- Developed nutrition programs specifically tailored for children and families.
- Conducted workshops in schools to educate children about healthy eating.
- Collaborated with healthcare providers to ensure comprehensive care.
- Created engaging educational materials for children and parents.
- Monitored children's growth and nutritional status through regular assessments.
- Implemented a family meal planning initiative that increased healthy eating.

NUTRITION COACH

Healthy Families Program

2015 - 2020

- Provided nutrition counseling for families focusing on diverse dietary needs.
- Facilitated family cooking classes to promote hands-on learning.
- Conducted nutritional assessments to tailor family meal plans.
- Engaged in community outreach to promote healthy lifestyle choices.
- Utilized feedback from families to enhance program effectiveness.
- Achieved a 75% increase in family participation in wellness initiatives.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Pediatric Nutrition
- Family Wellness
- Community Engagement
- Educational Workshops
- Meal Planning
- Cooking Classes

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION
SCIENCE, UNIVERSITY OF NORTH
CAROLINA**

ACHIEVEMENTS

- Successfully increased awareness of childhood obesity by 40% through community initiatives.
- Received the 'Best Family Program Award' in 2021.
- Published articles on pediatric nutrition in several parenting magazines.