



Michael ANDERSON

CULINARY NUTRITION INSTRUCTOR

Innovative Nutrition and Dietetics Trainer with a focus on culinary nutrition and food science. Extensive experience in developing programs that educate individuals on the intersection of cooking and nutrition. Expertise in creating engaging culinary workshops that empower participants to make healthier food choices. Proven ability to collaborate with chefs and culinary schools to enhance nutrition knowledge in food preparation.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Culinary Nutrition
- Program Development
- Workshop Facilitation
- Community Engagement
- Recipe Development
- Food Literacy

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF ARTS IN FOOD SCIENCE,
CULINARY UNIVERSITY, 2014**

ACHIEVEMENTS

- Developed a nationally recognized culinary nutrition program.
- Featured in a prominent culinary magazine for innovative teaching methods.
- Received a community service award for promoting healthy cooking.

WORK EXPERIENCE

CULINARY NUTRITION INSTRUCTOR

Culinary Arts Academy

2020 - 2025

- Developed and taught culinary nutrition courses for aspiring chefs.
- Created interactive workshops that combined cooking techniques with nutritional education.
- Evaluated student performance and provided constructive feedback.
- Collaborated with local farms to source sustainable ingredients for classes.
- Organized community cooking events that increased awareness of healthy eating.
- Utilized social media to promote culinary programs, boosting enrollment by 40%.

NUTRITION PROGRAM DEVELOPER

Healthy Plates Initiative

2015 - 2020

- Designed nutrition-focused culinary workshops for community engagement.
- Trained volunteers to facilitate cooking demonstrations and nutrition talks.
- Conducted needs assessments to tailor programs to community preferences.
- Developed partnerships with local chefs to enhance program offerings.
- Tracked program outcomes and reported findings to stakeholders.
- Increased program participation by 50% through effective outreach strategies.