

MICHAEL ANDERSON

Geriatric Dietitian

- San Francisco, CA
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Proficient Nutrition and Dietetics Specialist with a focus on geriatric nutrition and wellness. Extensive experience in providing nutritional support to older adults, ensuring their dietary needs are met to promote optimal health and quality of life. Skilled in developing meal plans that consider medical conditions and dietary restrictions common among the elderly population.

WORK EXPERIENCE

Geriatric Dietitian | Senior Care Health Services

Jan 2022 – Present

- Conducted nutritional assessments for elderly clients to identify dietary needs.
- Developed meal plans that accommodate medical conditions such as diabetes.
- Educated families on nutrition's role in health maintenance for seniors.
- Collaborated with interdisciplinary teams to optimize patient care.
- Monitored client progress and adjusted plans based on health changes.
- Facilitated nutrition workshops tailored to older adults.

Nutrition Advisor | Elderly Wellness Program

Jul 2019 – Dec 2021

- Provided guidance on nutrition and wellness to seniors and their families.
- Developed resources to enhance understanding of dietary needs in aging.
- Conducted assessments to evaluate the effectiveness of nutrition programs.
- Engaged in community outreach to promote healthy aging.
- Collaborated with local organizations to support senior nutrition initiatives.
- Monitored and reported on program outcomes to stakeholders.

SKILLS

Geriatric Nutrition

Wellness Promotion

Dietary Assessment

Family Education

Community Engagement

Interdisciplinary Collaboration

EDUCATION

Master of Science in Geriatric Nutrition

2015 – 2019

University of Aging Studies

ACHIEVEMENTS

- Improved dietary adherence among seniors by 35% through personalized interventions.
- Recognized for excellence in geriatric nutrition by the National Geriatric Association.
- Published research on the impact of nutrition on aging in a peer-reviewed journal.

LANGUAGES

English

Spanish

French