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SKILLS

- Corporate Wellness
- Employee Engagement
- Health Assessments
- Program Management
- Data Analysis
- Communication

EDUCATION

MASTER OF PUBLIC HEALTH IN NUTRITION, UNIVERSITY OF CORPORATE HEALTH, 2016

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Increased employee participation in wellness programs by 60%.
- Achieved a 20% reduction in healthcare costs for the organization.
- Recognized for excellence in corporate wellness initiatives by the National Wellness Association.

Michael Anderson

CORPORATE WELLNESS NUTRITIONIST

Strategic Nutrition and Dietetics Officer with a comprehensive understanding of corporate wellness and employee health programs. Expertise in designing and implementing nutrition initiatives that enhance workforce health and productivity. Proven ability to analyze organizational needs and develop tailored interventions that drive employee engagement and satisfaction. Strong communication and interpersonal skills facilitate effective collaboration with diverse stakeholders.

EXPERIENCE

CORPORATE WELLNESS NUTRITIONIST

Healthy Workplace Solutions

2016 - Present

- Developed corporate nutrition programs tailored to employee needs.
- Conducted health assessments and nutritional evaluations for staff.
- Facilitated workshops on nutrition and wellness.
- Collaborated with HR to promote health initiatives.
- Tracked employee participation and program effectiveness.
- Implemented strategies that improved employee health metrics by 25%.

NUTRITION PROGRAM COORDINATOR

Wellness at Work

2014 - 2016

- Managed nutrition-focused health fairs and employee engagement events.
- Developed promotional materials for wellness campaigns.
- Analyzed data to assess program impact on employee health.
- Collaborated with dietitians to create educational resources.
- Organized team challenges to encourage healthy eating habits.
- Presented findings to senior management to advocate for nutrition initiatives.