



Michael ANDERSON

CORPORATE WELLNESS CONSULTANT

Dedicated Nutrition and Dietetics Educator with a specialization in corporate wellness and nutrition counseling. Demonstrates a strong ability to design and implement nutrition programs that enhance employee health and productivity in the workplace. Expertise includes conducting nutrition assessments and providing personalized dietary recommendations. Proven track record of collaborating with corporate partners to develop tailored wellness initiatives that meet organizational goals.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Corporate Wellness
- Nutrition Counseling
- Program Development
- Employee Engagement
- Workshop Facilitation
- Health Promotion

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION,
CORPORATE UNIVERSITY**

ACHIEVEMENTS

- Increased employee engagement in wellness programs by 60%.
- Awarded 'Best Corporate Wellness Program' by National Wellness Association.
- Developed a nutrition app that improved dietary tracking among employees.

WORK EXPERIENCE

CORPORATE WELLNESS CONSULTANT

Wellness at Work

2020 - 2025

- Designed corporate nutrition programs focused on employee wellness.
- Conducted individual nutrition assessments for employees.
- Presented workshops on stress management and healthy eating.
- Collaborated with HR to integrate nutrition into employee benefits.
- Monitored program participation and health outcomes.
- Developed promotional materials to increase engagement.

NUTRITION EDUCATOR

Healthy Choices Inc.

2015 - 2020

- Facilitated group nutrition classes for diverse corporate clients.
- Developed resources for nutrition education and cooking demonstrations.
- Trained staff on effective communication of nutrition information.
- Evaluated participant feedback to enhance program offerings.
- Created newsletters to keep employees informed about health initiatives.
- Collaborated with fitness trainers to promote holistic wellness.