



MICHAEL ANDERSON

Culinary Nutrition Consultant

Proficient Nutrition and Dietetics Consultant with a focus on culinary nutrition and food service management. Demonstrates expertise in the intersection of nutrition and culinary arts, creating innovative meal solutions that cater to diverse dietary needs. Recognized for the ability to develop and oversee food service operations in various settings, ensuring compliance with health regulations and quality standards.

WORK EXPERIENCE

Culinary Nutrition Consultant

2020-2023

Gourmet Health Services

- Developed and implemented nutrition-focused menus for various clients.
- Conducted culinary workshops to educate staff on nutritious cooking techniques.
- Oversaw food service operations to ensure compliance with health standards.
- Collaborated with chefs to create recipes that meet dietary restrictions.
- Monitored food quality and safety throughout the food preparation process.
- Evaluated client satisfaction through surveys and feedback.

Food Service Manager

2019-2020

Healthy Dining Solutions

- Managed food service operations for a large healthcare facility.
- Developed menus that adhered to nutritional guidelines and patient preferences.
- Trained staff on food safety and nutrition standards.
- Conducted audits to ensure compliance with health regulations.
- Engaged with patients to gather feedback on meal satisfaction.
- Implemented cost-saving measures that reduced food waste by 20%.

ACHIEVEMENTS

- Increased client satisfaction ratings by 30% through menu enhancements.
- Recognized for excellence in food service management by industry peers.
- Successfully reduced food service costs by 15% through efficient operations.

CONTACT

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EDUCATION

Bachelor of Science in Culinary Nutrition

Culinary Institute of Health
2014

SKILLS

- Culinary Nutrition
- Food Service Management
- Recipe Development
- Menu Planning
- Staff Training
- Health Compliance

LANGUAGES

- English
- Spanish
- French