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SKILLS

- Geriatric Nutrition
- Chronic Disease Management
- Nutritional Assessment
- Community Outreach
- Program Development
- Caregiver Education

EDUCATION

MASTER OF SCIENCE IN GERIATRIC NUTRITION, UNIVERSITY OF AGING SCIENCES, 2014

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Improved dietary adherence among seniors by 35% through tailored interventions.
- Recognized for outstanding service in geriatric nutrition by local health organizations.
- Published research on the impact of nutrition on aging in leading journals.

Michael Anderson

GERIATRIC NUTRITION CONSULTANT

Dedicated Nutrition and Dietetics Consultant focusing on geriatric nutrition and aging-related health issues. Possesses extensive knowledge of dietary requirements for older adults and the impact of nutrition on chronic disease management in this population. Committed to improving the quality of life for seniors through tailored nutrition plans and education. Recognized for the ability to collaborate with healthcare providers to develop comprehensive care strategies that address both nutritional and medical needs.

EXPERIENCE

GERIATRIC NUTRITION CONSULTANT

Senior Health Services

2016 - Present

- Provided nutritional assessments and counseling for over 300 older adults.
- Developed customized meal plans addressing specific health conditions.
- Collaborated with multidisciplinary teams to optimize patient care.
- Conducted educational sessions for caregivers on nutrition for seniors.
- Utilized technology to track client progress and dietary adherence.
- Engaged in community outreach programs to raise awareness of geriatric nutrition.

NUTRITION EDUCATOR

Aging Well Institute

2014 - 2016

- Developed and delivered nutrition education programs for seniors.
- Conducted workshops on meal planning and healthy eating.
- Collaborated with healthcare providers to integrate nutrition into care plans.
- Monitored and evaluated program effectiveness through participant feedback.
- Authored informational materials on nutrition for older adults.
- Participated in health fairs to promote nutrition awareness.