



# Michael ANDERSON

## CORPORATE WELLNESS CONSULTANT

Strategic Nutrition and Dietetics Consultant specializing in corporate wellness and employee health programs. Demonstrates a profound understanding of workplace nutrition and its impact on productivity and employee well-being. Adept at designing and implementing comprehensive wellness initiatives that promote healthy eating habits among employees. Recognized for the ability to conduct nutritional assessments and develop tailored programs that meet the diverse needs of organizations.

### CONTACT

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- 📍 San Francisco, CA

### SKILLS

- Corporate Wellness
- Program Development
- Nutritional Assessment
- Employee Engagement
- Health Promotion
- Data Analysis

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**MASTER OF PUBLIC HEALTH IN  
NUTRITION, UNIVERSITY OF  
WELLNESS SCIENCES, 2014**

### ACHIEVEMENTS

- Increased employee participation in wellness programs by 30%.
- Achieved a 20% reduction in health-related absenteeism among participants.
- Recognized as 'Innovator in Corporate Wellness' by industry peers.

### WORK EXPERIENCE

#### CORPORATE WELLNESS CONSULTANT

WellnessWorks Inc.

2020 - 2025

- Designed and implemented wellness programs for over 10,000 employees across multiple organizations.
- Conducted nutritional assessments to identify employee health needs.
- Facilitated workshops on nutrition and healthy lifestyle choices.
- Collaborated with HR departments to integrate wellness initiatives into company culture.
- Evaluated program outcomes and adjusted strategies based on employee feedback.
- Utilized digital platforms to enhance program accessibility and engagement.

#### NUTRITION PROGRAM DEVELOPER

Healthy Workplace Solutions

2015 - 2020

- Created customized nutrition programs for various corporate clients.
- Conducted health screenings and wellness assessments.
- Developed marketing materials to promote wellness initiatives.
- Organized health fairs and nutrition expos to engage employees.
- Analyzed health data to measure program effectiveness and ROI.
- Provided ongoing support to clients in implementing nutrition strategies.