



# MICHAEL ANDERSON

## Chiropractic Rehabilitation Specialist

Resourceful Natural Healing Practitioner with 9 years of experience specializing in chiropractic care and holistic rehabilitation. My background in physical therapy allows me to integrate holistic techniques effectively into rehabilitation programs for clients recovering from injuries. I focus on treating the whole person rather than just the symptoms, ensuring a comprehensive approach to healing.

### WORK EXPERIENCE

#### Chiropractic Rehabilitation Specialist

2020-2023

Holistic Healing Chiropractic

- Performed thorough evaluations to design individualized rehabilitation programs.
- Administered chiropractic adjustments and monitored client progress.
- Incorporated massage therapy and stretching techniques to enhance recovery.
- Educated clients on self-care practices to support their healing journey.
- Collaborated with physical therapists for integrated rehabilitation plans.
- Achieved a 85% success rate in client recovery goals.

#### Holistic Rehabilitation Coach

2019-2020

Wellness Recovery Center

- Guided clients in developing personalized rehabilitation strategies.
- Facilitated group therapy sessions focusing on holistic recovery techniques.
- Maintained detailed records of client progress and outcomes.
- Created community outreach programs to promote holistic wellness.
- Increased participation in wellness programs by 50% through effective marketing.
- Received positive feedback from clients for supportive coaching.

### ACHIEVEMENTS

- Developed a community program focused on injury prevention and wellness.
- Published articles on holistic rehabilitation in local health magazines.
- Recognized for excellence in client care and recovery outcomes.

### CONTACT

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### EDUCATION

#### Doctor of Chiropractic

University of Holistic Health

2016-2020

### SKILLS

- Chiropractic Care
- Holistic Rehabilitation
- Patient Education
- Massage Therapy
- Exercise Programming
- Client Assessment

### LANGUAGES

- English
- Spanish
- French