



# MICHAEL ANDERSON

Family Therapist

Results-driven Mental Health Social Worker with over 7 years of experience specializing in family therapy and child welfare. My professional journey has led me to work with various families facing challenges such as domestic violence, substance abuse, and mental health issues. I am passionate about empowering families through education and support, promoting healthy communication and coping strategies.

## WORK EXPERIENCE

### Family Therapist

2020-2023

Hope Harbor Family Services

- Conducted family therapy sessions to address issues related to domestic violence and substance abuse.
- Developed and implemented intervention strategies tailored to family dynamics.
- Collaborated with child welfare agencies to ensure the safety and well-being of children.
- Facilitated parenting workshops to improve communication and conflict resolution skills.
- Provided crisis intervention services to families in acute distress.
- Increased family engagement in therapy sessions by 35% through community outreach initiatives.

### Child Welfare Social Worker

2019-2020

Family Support Network

- Assisted in assessing the needs of children and families involved in the child welfare system.
- Developed safety plans and coordinated services for families in crisis.
- Maintained detailed case records and documentation for compliance with regulations.
- Participated in multidisciplinary team meetings to discuss case progress and strategies.
- Provided support and resources to foster families and biological parents.
- Achieved positive outcomes in 80% of cases through effective service coordination.

## ACHIEVEMENTS

- Received recognition for excellence in service delivery from the state child welfare agency.
- Implemented a successful family support program that improved family stability by 30%.
- Led training sessions for new social workers on effective family intervention strategies.

## CONTACT

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## EDUCATION

### Master of Social Work

New York University

2013

## SKILLS

- Family Therapy
- Child Welfare
- Crisis Intervention
- Community Outreach
- Communication
- Empathy

## LANGUAGES

- English
- Spanish
- French