



# MICHAEL ANDERSON

## Mental Health Program Coordinator

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### SUMMARY

Dedicated Mental Health Education Specialist with over 8 years of experience in developing and implementing educational programs that promote mental health awareness and support within diverse communities. Proficient in creating tailored curriculum designed to meet the unique needs of various populations, including adolescents, adults, and seniors. Strong advocate for mental health initiatives, employing evidence-based practices to foster resilience and coping strategies among participants.

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### WORK EXPERIENCE

#### Mental Health Program Coordinator Community Health Foundation

Jan 2023 - Present

- Developed and launched a community-wide mental health awareness campaign, increasing local participation by 40%.
- Designed educational materials and resources for workshops, improving attendees' understanding of mental health by 30% based on pre- and post-surveys.
- Facilitated training sessions for educators on mental health first aid, resulting in over 200 teachers trained in the first year.
- Collaborated with local government to secure funding for mental health initiatives, securing \$150,000 in grants.
- Implemented a feedback system to assess program effectiveness, leading to a 25% improvement in participant satisfaction ratings.
- Conducted needs assessments to tailor programs to community demographics, enhancing program relevance and effectiveness.

#### Mental Health Educator Local School District

Jan 2020 - Dec 2022

- Delivered engaging mental health education sessions to over 1,500 students across multiple schools, resulting in a 50% increase in reported understanding of mental health topics.
  - Developed a peer mentorship program that paired students with mental health resources, leading to a 30% decrease in referrals for severe mental health issues.
  - Created and distributed educational newsletters to parents, raising awareness about mental health resources available in the community.
  - Organized Mental Health Awareness Month activities, increasing student participation by 60% year-over-year.
  - Collaborated with school counselors to integrate mental health topics into existing curricula, enriching student learning experiences.
  - Utilized surveys to gather student feedback, adapting programs to better meet their needs and concerns.
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### EDUCATION

#### Master of Social Work, University of California, 2012

Sep 2019 - Oct 2020

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### ADDITIONAL INFORMATION

- **Technical Skills:** Curriculum Development, Community Outreach, Program Evaluation, Public Speaking, Grant Writing, Collaboration
- **Awards/Activities:** Recognized as 'Employee of the Year' for outstanding contributions to community mental health initiatives in 2018.
- **Awards/Activities:** Increased grant funding by 150% over two years through effective proposal writing and community partnerships.
- **Awards/Activities:** Successfully trained over 500 community members in mental health awareness and first aid