



Michael ANDERSON

SUBSTANCE ABUSE COUNSELOR

Results-driven Mental Health Counselor with 6 years of experience specializing in substance abuse counseling. I work passionately with clients battling addiction, using a compassionate approach combined with evidence-based practices. My expertise lies in developing intensive outpatient programs that focus on recovery and relapse prevention. I have a strong background in motivational interviewing techniques and cognitive-behavioral strategies, which I utilize to empower clients in their recovery journey.

CONTACT

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- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

SKILLS

- Substance Abuse Counseling
- Motivational Interviewing
- Group Therapy
- Family Support
- Compassion
- Treatment Planning

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER OF ARTS IN CLINICAL
PSYCHOLOGY, STATE COLLEGE**

ACHIEVEMENTS

- Implemented a new program that increased client retention rates by 35%.
- Recognized for outstanding client feedback scores during performance reviews.
- Contributed to a research project on the effectiveness of group therapy for addiction.

WORK EXPERIENCE

SUBSTANCE ABUSE COUNSELOR

Recovery Treatment Center

2020 - 2025

- Facilitated group therapy sessions for clients in recovery from substance abuse.
- Developed personalized treatment plans based on individual assessments.
- Conducted motivational interviews to enhance client engagement and commitment.
- Collaborated with healthcare providers to address co-occurring disorders.
- Monitored client progress and adjusted treatment plans as necessary.
- Organized family therapy sessions to foster support and understanding.

COUNSELING INTERN

Local Community Center

2015 - 2020

- Supported licensed counselors in delivering substance abuse education programs.
- Assisted in conducting initial client assessments and intake interviews.
- Participated in team meetings to discuss client progress and treatment strategies.
- Engaged in community outreach to promote awareness about addiction resources.
- Documented client interactions and maintained accurate records.
- Contributed to the development of educational materials for clients and families.