



# MICHAEL ANDERSON

## Geriatric Case Worker

Compassionate Mental Health Case Worker with a specialization in geriatric mental health, bringing over 8 years of experience in providing support for older adults. My background includes working in both residential and community settings, where I have focused on issues such as depression, anxiety, and cognitive decline in the elderly population.

### WORK EXPERIENCE

**Geriatric Case Worker** 2020-2023  
Silver Oak Senior Living

- Provided case management services for elderly residents with mental health issues.
- Conducted assessments to evaluate the mental and emotional well-being of residents.
- Developed personalized care plans in collaboration with medical staff and families.
- Facilitated cognitive and social activities to promote engagement and well-being.
- Coordinated with community resources to ensure comprehensive support for residents.
- Documented resident progress and adjusted care plans based on evolving needs.

**Mental Health Advocate** 2019-2020  
Elder Care Community Services

- Advocated for the mental health needs of older adults within the community.
- Developed educational workshops for caregivers on recognizing mental health issues.
- Collaborated with local agencies to improve access to mental health services for the elderly.
- Conducted outreach to families to provide resources and support for their loved ones.
- Facilitated support groups for caregivers to share experiences and strategies.
- Monitored community trends in geriatric mental health and reported findings to stakeholders.

### ACHIEVEMENTS

- Increased resident participation in mental health activities by 60% through engaging programming.
- Recognized by the community for outstanding contributions to elderly mental health initiatives.
- Developed a caregiver support program that improved caregiver satisfaction by 75%.

### CONTACT

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- michael.anderson@email.com
- San Francisco, CA

### EDUCATION

**Master of Social Work**  
University of Michigan  
2012

### SKILLS

- Geriatric care
- Case management
- Community outreach
- Advocacy
- Caregiver support
- Program development

### LANGUAGES

- English
- Spanish
- French