



MICHAEL ANDERSON

Culinary Nutrition Director

Dynamic Medical Nutrition Therapist with extensive experience in culinary nutrition and food service management. Specializes in integrating nutrition science with culinary arts to enhance patient dietary experiences. Proven expertise in developing and managing food service operations in clinical settings, ensuring compliance with health regulations and nutritional standards. Strong advocate for the role of culinary practices in promoting health and wellness.

CONTACT

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- San Francisco, CA

EDUCATION

Bachelor of Science in Culinary Nutrition

Culinary Institute of America
2016-2020

SKILLS

- Culinary Nutrition
- Food Service Management
- Menu Development
- Staff Training
- Nutritional Compliance
- Community Engagement

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Culinary Nutrition Director

2020-2023

Gourmet Health Institute

- Oversaw culinary operations, ensuring meals met nutritional and dietary standards.
- Developed menus that catered to diverse dietary needs and preferences.
- Trained kitchen staff on nutrition-focused meal preparation techniques.
- Conducted taste tests and feedback sessions to improve meal satisfaction.
- Collaborated with dietitians to create educational materials for patients.
- Implemented waste reduction strategies that improved operational efficiency.

Nutrition Consultant

2019-2020

Culinary Health Solutions

- Provided consulting services to restaurants on healthy menu options.
- Conducted workshops on integrating nutrition into culinary practices.
- Assisted in recipe development that aligned with dietary guidelines.
- Evaluated the nutritional quality of menu items for compliance.
- Engaged with community organizations to promote healthy eating initiatives.
- Presented at culinary conferences on nutrition trends and innovations.

ACHIEVEMENTS

- Increased patient meal satisfaction scores by 35% through menu innovations.
- Recognized for excellence in culinary nutrition by the National Culinary Association.
- Published a cookbook focused on healthy recipes for patients in clinical settings.