



# MICHAEL ANDERSON

## PEDIATRIC NUTRITION SPECIALIST

### PROFILE

Accomplished Medical Nutrition Therapist with a robust background in pediatric nutrition and metabolic disorders. Extensive experience in providing nutritional counseling and interventions in clinical settings, ensuring optimal growth and health in children. Expertise in designing specialized nutritional programs addressing various health challenges, including obesity, diabetes, and food allergies. Strong advocate for patient and family education, emphasizing the importance of nutrition in disease prevention and health promotion.

### EXPERIENCE

#### PEDIATRIC NUTRITION SPECIALIST

##### Children's Health Center

2016 - Present

- Provided nutritional assessments and interventions for children with chronic health issues.
- Developed and implemented tailored nutrition plans to promote healthy growth.
- Educated families on dietary management of food allergies and intolerances.
- Conducted workshops on childhood obesity prevention strategies.
- Collaborated with pediatricians to integrate nutrition into treatment plans.
- Tracked and analyzed patient outcomes to refine dietary interventions.

#### CLINICAL DIETITIAN

##### Family Wellness Clinic

2014 - 2016

- Assessed nutritional needs of families and provided personalized dietary guidance.
- Implemented community outreach programs to promote healthy eating.
- Utilized technology to monitor patient dietary habits and progress.
- Participated in interdisciplinary team meetings to discuss patient care strategies.
- Published educational materials on nutrition for parents and caregivers.
- Facilitated support groups for families managing dietary restrictions.

### CONTACT

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- 📍 San Francisco, CA

### SKILLS

- Pediatric Nutrition
- Dietary Counseling
- Family Education
- Community Outreach
- Patient Monitoring
- Interdisciplinary Collaboration

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

BACHELOR OF SCIENCE IN DIETETICS,  
STATE UNIVERSITY

### ACHIEVEMENTS

- Received the 'Excellence in Pediatric Nutrition' award in 2020.
- Increased patient adherence to dietary plans by 40% through effective education.
- Contributed to a published study on childhood obesity in a leading journal.