

MICHAEL ANDERSON

Marriage and Family Therapist

- San Francisco, CA
- (555) 234-5678
- michael.anderson@email.com

Dynamic Marriage and Family Therapist with a passion for working with families facing addiction issues. With over 9 years of experience in substance abuse counseling, I have developed specialized skills in family therapy that focuses on healing the entire family system affected by addiction. My therapeutic approach integrates relational therapy and motivational interviewing to help families navigate the complexities of addiction and recovery.

WORK EXPERIENCE

Marriage and Family Therapist | Recovery Family Services

Jan 2022 – Present

- Provided family therapy services to families impacted by addiction, focusing on healing and recovery.
- Utilized motivational interviewing techniques to engage clients in the recovery process.
- Collaborated with addiction specialists to coordinate comprehensive care for clients.
- Facilitated family workshops on communication skills and coping strategies.
- Maintained accurate records of client sessions and progress notes.
- Participated in community outreach programs to raise awareness about addiction.

Substance Abuse Counselor | Hope and Healing Center

Jul 2019 – Dec 2021

- Conducted individual and group therapy sessions for clients struggling with addiction.
- Led family sessions to address the impact of addiction on family dynamics.
- Developed treatment plans that incorporated family involvement in recovery.
- Collaborated with healthcare providers to ensure holistic care for clients.
- Provided crisis intervention and support for families in immediate need.
- Created educational materials on addiction and recovery for clients and families.

SKILLS

Family Therapy

Addiction Counseling

Motivational Interviewing

Crisis Intervention

Community Education

Holistic Recovery

EDUCATION

Master of Social Work

2015 – 2019

University of Texas at Austin

ACHIEVEMENTS

- Increased family participation in treatment programs by 40% through innovative engagement strategies.
- Awarded the Community Impact Award by the Addiction Recovery Association in 2021.
- Developed a family support group that has successfully supported over 100 families in recovery.

LANGUAGES

English

Spanish

French