

MICHAEL ANDERSON

Veteran Counselor

- San Francisco, CA
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Passionate Licensed Professional Counselor with over 6 years of experience in mental health counseling for veterans and active military personnel. Specializes in addressing issues such as PTSD, anxiety, and depression through individualized therapy. Experienced in conducting assessments and developing tailored treatment plans that consider the unique experiences of military clients. Committed to providing a supportive and understanding environment for clients to process their experiences and work towards healing.

WORK EXPERIENCE

Veteran Counselor | Military Support Services

Jan 2022 – Present

- Provided individual and group therapy for veterans dealing with PTSD and adjustment issues.
- Conducted comprehensive assessments to inform treatment planning for military clients.
- Facilitated support groups to foster community among veterans.
- Collaborated with military organizations to provide resources and support for clients.
- Maintained accurate case documentation to ensure compliance with regulations.
- Engaged in outreach programs to promote mental health services for veterans.

Mental Health Counselor | Heroes' Home Counseling

Jul 2019 – Dec 2021

- Provided counseling services focused on mental health challenges faced by veterans.
- Utilized trauma-informed approaches to support clients in their healing journey.
- Collaborated with family members to improve the support system for clients.
- Maintained comprehensive treatment records to track client progress.
- Participated in community awareness initiatives focused on veteran mental health.
- Engaged in continuous professional development to enhance counseling skills.

SKILLS

Veteran Counseling

PTSD Treatment

Group Therapy

Community Outreach

Assessment

Treatment Planning

EDUCATION

Master of Arts in Counseling

2015

University of Nebraska

ACHIEVEMENTS

- Developed a program that increased client engagement by 40% through tailored support services.
- Awarded 'Veteran Advocate of the Year' for outstanding contributions to veteran mental health care.
- Successfully organized a mental health awareness event that reached over 200 veterans and families.

LANGUAGES

English

Spanish

French