



MICHAEL ANDERSON

SUBSTANCE ABUSE COUNSELOR

CONTACT

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-  San Francisco, CA

SKILLS

- Substance Use Counseling
- Group Facilitation
- CBT
- Motivational Interviewing
- Treatment Planning
- Community Outreach

LANGUAGES

- English
- Spanish
- French

EDUCATION

MASTER OF SCIENCE IN CLINICAL PSYCHOLOGY, UNIVERSITY OF WASHINGTON, 2012

ACHIEVEMENTS

- Increased client retention rates by 30% through enhanced support services.
- Recipient of the 'Excellence in Counseling' award from the state mental health association in 2020.
- Developed a resource guide for clients that improved access to community services.

PROFILE

Results-oriented Licensed Professional Counselor with 10 years of experience specializing in adult mental health and substance use disorders.

Demonstrated expertise in developing evidence-based treatment plans and providing ongoing support to clients in recovery. Experienced in conducting psycho-educational workshops and group therapy sessions to promote healthy coping strategies. Strong advocate for client-centered care, focusing on empowering individuals to take charge of their mental health journey.

EXPERIENCE

SUBSTANCE ABUSE COUNSELOR

New Beginnings Recovery Center

2016 - Present

- Provided one-on-one counseling sessions to help clients navigate recovery from substance abuse.
- Developed and facilitated group therapy sessions focusing on relapse prevention and coping skills.
- Conducted comprehensive assessments to design personalized treatment plans for clients.
- Collaborated with medical professionals to coordinate care for clients with dual diagnoses.
- Implemented community outreach programs to raise awareness about addiction and recovery resources.
- Maintained accurate documentation to ensure compliance with regulatory standards.

MENTAL HEALTH COUNSELOR

Hope Valley Clinic

2014 - 2016

- Provided counseling services to adults struggling with anxiety, depression, and trauma.
- Facilitated psycho-educational workshops on stress management and emotional regulation.
- Utilized evidence-based practices to evaluate client progress and adjust treatment plans.
- Collaborated with community organizations to provide resources and support for clients.
- Participated in case management meetings to ensure holistic care for clients.
- Engaged in continuous training to stay updated on mental health best practices.