



# MICHAEL ANDERSON

## School Counselor

San Francisco, CA • (555) 234-5678 • michael.anderson@email.com • www.michaelanderson.com

---

### SUMMARY

Dedicated Licensed Professional Counselor with over 8 years of experience in providing therapeutic services to children and adolescents in school and outpatient settings. Proven ability to develop individualized treatment plans that address behavioral issues, emotional challenges, and academic concerns. Skilled in conducting assessments, facilitating group therapy sessions, and collaborating with parents, teachers, and healthcare providers to ensure comprehensive support for clients.

---

### WORK EXPERIENCE

#### School Counselor Greenfield High School

*Jan 2023 - Present*

- Implemented counseling programs that facilitated emotional and social development for over 300 students.
- Conducted individual and group therapy sessions addressing issues such as anxiety, depression, and bullying.
- Collaborated with educators to develop strategies that supported student academic performance.
- Organized workshops for parents to promote awareness of mental health issues.
- Utilized assessment tools to evaluate student needs and track progress.
- Participated in multidisciplinary teams to create comprehensive support plans for at-risk students.

#### Therapist Sunrise Counseling Center

*Jan 2020 - Dec 2022*

- Provided individual therapy for a diverse clientele, focusing on trauma-informed care.
  - Developed and implemented treatment plans tailored to the unique needs of clients.
  - Facilitated support groups for survivors of domestic violence, fostering a sense of community.
  - Trained interns on therapeutic techniques and ethical practices within a clinical setting.
  - Maintained detailed case notes to ensure compliance with state regulations and quality standards.
  - Engaged in ongoing professional development to refine therapeutic skills and knowledge.
- 

### EDUCATION

#### Master of Arts in Counseling Psychology, University of California, 2013

*Sep 2019 - Oct 2020*

---

### ADDITIONAL INFORMATION

- **Technical Skills:** Crisis Intervention, Individual Counseling, Group Therapy, Treatment Planning, Mental Health Assessment, Communication
- **Awards/Activities:** Successfully reduced student referrals for behavioral issues by 25% through proactive counseling interventions.
- **Awards/Activities:** Awarded 'Outstanding Counselor of the Year' by the local school district in 2018.
- **Awards/Activities:** Published an article on effective counseling strategies in a national psychology journal.
- **Languages:** English, Spanish, French