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SKILLS

- Geriatric Medicine
- Chronic Disease Management
- Patient Education
- Integrative Therapies
- Community Engagement
- Wellness Program Development

EDUCATION

**DOCTOR OF OSTEOPATHIC MEDICINE,
COLLEGE OF OSTEOPATHIC MEDICINE**

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Improved patient engagement in health programs by 35% through tailored interventions.
- Received recognition for developing a successful geriatric wellness initiative within assisted living facilities.
- Published articles in professional journals on integrative approaches in geriatric care.

Michael Anderson

GERIATRIC INTEGRATIVE MEDICINE PRACTITIONER

Experienced Integrative Medicine Practitioner with a decade of expertise in geriatric care and chronic disease management. My practice is dedicated to enhancing the quality of life for older adults through a combination of integrative therapies and traditional medical approaches. I focus on conditions commonly affecting the elderly, such as arthritis, cardiovascular diseases, and cognitive decline.

EXPERIENCE

GERIATRIC INTEGRATIVE MEDICINE PRACTITIONER

Senior Health Center

2016 - Present

- Provided comprehensive assessments and integrative treatment plans for elderly patients with chronic conditions.
- Utilized a blend of conventional and alternative therapies to alleviate symptoms associated with aging.
- Implemented wellness programs that increased physical activity among residents by 50%.
- Conducted educational workshops for families on managing chronic diseases in elderly populations.
- Collaborated with multidisciplinary teams to enhance the quality of care for patients.
- Monitored patient progress and adjusted treatment plans as necessary to optimize outcomes.

INTEGRATIVE HEALTH CONSULTANT

Elder Care Solutions

2014 - 2016

- Advised families on integrative care options for elderly relatives, improving their overall well-being.
- Conducted health assessments that identified gaps in care for elderly patients.
- Developed resources for caregivers to support patients' holistic health needs.
- Facilitated community outreach programs to promote awareness of integrative health for seniors.
- Created educational materials on health management for older adults and their families.
- Engaged in research on aging and integrative medicine, contributing to local health initiatives.