



MICHAEL ANDERSON

Pediatric Integrative Health Specialist

Dedicated Integrative Health Practitioner with a focus on pediatric wellness and over 6 years of experience working with children and families. Expertise in developing integrative health plans that address the unique needs of pediatric patients. Proven ability to communicate effectively with children and their families, fostering a supportive environment for health education and engagement.

WORK EXPERIENCE

Pediatric Integrative Health Specialist

2020-2023

Kids Health Center

- Conducted comprehensive health assessments for pediatric patients.
- Developed individualized wellness plans incorporating nutritional and lifestyle guidance.
- Engaged families in health education sessions and workshops.
- Utilized playful techniques to facilitate child participation in health discussions.
- Collaborated with pediatricians to ensure holistic care for patients.
- Monitored health outcomes and adjusted treatment plans as necessary.

Integrative Health Educator

2019-2020

Family Wellness Institute

- Designed educational programs targeting families on holistic health practices.
- Conducted workshops on nutrition and wellness for children.
- Engaged in community outreach to promote pediatric health initiatives.
- Developed resources for parents to support children's health at home.
- Facilitated support groups for parents focusing on integrative health.
- Evaluated program effectiveness and made recommendations for improvement.

ACHIEVEMENTS

- Increased family participation in wellness programs by 60%.
- Developed a pediatric health initiative that reached over 1,000 families.
- Recognized for excellence in pediatric health education by local organizations.

CONTACT

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EDUCATION

Master of Science in Pediatric Nutrition

University of Child Health
2016-2020

SKILLS

- Pediatric Wellness
- Family Engagement
- Health Education
- Program Development
- Community Outreach
- Holistic Practices

LANGUAGES

- English
- Spanish
- French