



Michael ANDERSON

ART THERAPIST

Renowned Indigenous Healing Practitioner with a focus on the incorporation of arts and cultural expression as therapeutic modalities. With over a decade of experience, this practitioner has successfully utilized various art forms to facilitate healing and self-discovery among Indigenous youth and adults. Expertise in creating inclusive environments where individuals feel empowered to express themselves through creative outlets.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- art therapy
- cultural expression
- community engagement
- program coordination
- therapeutic modalities
- creative workshops

LANGUAGES

- English
- Spanish
- French

EDUCATION

**MASTER OF ARTS IN ART THERAPY,
CONCORDIA UNIVERSITY**

ACHIEVEMENTS

- Recipient of the 'Art in Healing Award' for contributions to Indigenous youth wellness.
- Increased community participation in arts programs by 70% through targeted outreach.
- Featured speaker at national conferences on the role of arts in Indigenous healing.

WORK EXPERIENCE

ART THERAPIST

Indigenous Arts and Healing Collective

2020 - 2025

- Developed art therapy programs tailored to the needs of Indigenous communities.
- Facilitated workshops that combined traditional art forms with therapeutic practices.
- Provided individual and group sessions focusing on creative expression as a healing tool.
- Collaborated with local artists to enhance program offerings.
- Conducted assessments to evaluate the therapeutic impact of art on participants.
- Organized community art exhibitions to showcase participants' work.

CULTURAL ARTS COORDINATOR

Native Youth Development Program

2015 - 2020

- Coordinated arts-based programs aimed at promoting cultural identity among youth.
- Engaged participants in storytelling and performance arts as healing practices.
- Developed partnerships with schools to integrate arts into educational curricula.
- Facilitated community discussions on the role of arts in mental health.
- Evaluated program effectiveness through participant feedback and outcomes.
- Promoted cultural events celebrating Indigenous heritage through artistic expression.