



# MICHAEL ANDERSON

## Horticultural Therapy Coordinator

A results-driven horticulture development specialist with a focus on horticultural therapy and community health. With over six years of experience in utilizing horticulture as a therapeutic tool, this professional has developed programs that promote mental well-being and physical health through gardening activities. Expertise includes program development, participant engagement, and outcome evaluation.

### CONTACT

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- San Francisco, CA

### EDUCATION

#### Bachelor's Degree in Horticultural Therapy

Wellness University  
2016

### SKILLS

- horticultural therapy
- program development
- community engagement
- outcome evaluation
- volunteer training
- gardening instruction

### LANGUAGES

- English
- Spanish
- French

### WORK EXPERIENCE

#### Horticultural Therapy Coordinator

2020-2023

Healing Gardens Program

- Developed and implemented horticultural therapy programs for diverse populations.
- Facilitated group sessions focused on gardening for mental health.
- Collaborated with healthcare professionals to assess participant needs.
- Evaluated program effectiveness through participant feedback and assessments.
- Coordinated community outreach to promote program awareness.
- Trained volunteers to assist in therapy sessions.

#### Gardening Instructor

2019-2020

Community Wellness Center

- Provided instruction on gardening techniques to participants of all ages.
- Led workshops on the therapeutic benefits of gardening.
- Assisted in the development of community gardening programs.
- Evaluated participant progress to tailor gardening activities.
- Collaborated with local organizations to enhance program reach.
- Organized special events to engage the community in gardening.

### ACHIEVEMENTS

- Increased participant enrollment in therapy programs by 60%.
- Developed a partnership with local health organizations for program support.
- Recognized for excellence in therapeutic horticulture by the National Therapy Association.