



Michael ANDERSON

WELLNESS PROGRAM ADMINISTRATOR

Dedicated Holistic Wellness Program Coordinator with a strong foundation in health promotion and wellness administration. Expertise in creating and managing wellness initiatives that align with organizational goals while enhancing employee satisfaction and health outcomes. Skilled in developing educational programming that addresses the multifaceted aspects of wellness, including physical, mental, and emotional health.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Health Promotion
- Program Management
- Community Outreach
- Data Analysis
- Training
- Event Coordination

LANGUAGES

- English
- Spanish
- French

EDUCATION

BACHELOR OF ARTS IN HEALTH STUDIES, UNIVERSITY OF MICHIGAN

ACHIEVEMENTS

- Achieved 'Excellence in Wellness Programming' award from the Corporate Wellness Council.
- Increased overall employee wellness satisfaction scores by 30%.
- Successfully implemented a mental health initiative that reduced stress levels by 15%.

WORK EXPERIENCE

WELLNESS PROGRAM ADMINISTRATOR

Healthy Living Corp.

2020 - 2025

- Managed wellness initiatives that achieved a 25% increase in employee engagement.
- Coordinated health screenings and wellness fairs, promoting preventive health measures.
- Developed partnerships with local wellness providers to enhance program offerings.
- Conducted surveys to assess employee wellness needs and preferences.
- Created promotional materials to boost program visibility and participation.
- Trained staff on wellness program components and best practices.

HEALTH PROMOTION OFFICER

Workplace Wellness Solutions

2015 - 2020

- Executed wellness campaigns that reached over 1,500 employees.
- Provided educational workshops on nutrition and exercise, improving overall employee health.
- Analyzed participation data to inform future program developments.
- Collaborated with HR to integrate wellness into employee performance evaluations.
- Created a wellness newsletter to keep employees informed about initiatives.
- Organized team-building activities focused on health and wellness.