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SKILLS

- Dietary counseling
- Wellness coaching
- Workshop facilitation
- Community outreach
- Client assessment
- Evidence-based practice

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION,
UNIVERSITY OF FLORIDA**

LANGUAGE

- English
- Spanish
- German

ACHIEVEMENTS

- Achieved a 35% increase in client satisfaction ratings over two years.
- Developed a popular online course on holistic nutrition principles.
- Recognized by the Nutrition Society for outstanding contributions to community health.

Michael Anderson

SENIOR HOLISTIC NUTRITION CONSULTANT

Seasoned Holistic Nutrition Consultant with a comprehensive background in dietary counseling and wellness coaching. Proven track record of successfully guiding clients through complex nutritional challenges and fostering positive lifestyle changes. Expertise in the integration of holistic healing modalities with dietary strategies, resulting in enhanced client satisfaction and health outcomes. Strong interpersonal skills facilitate the building of trust and rapport with clients, enabling effective communication regarding health goals.

EXPERIENCE

SENIOR HOLISTIC NUTRITION CONSULTANT

Nourish Wellness Group

2016 - Present

- Guided clients through individualized nutritional assessments and goal setting.
- Facilitated group workshops on holistic nutrition principles.
- Developed personalized meal plans based on client health profiles.
- Collaborated with alternative health practitioners to enhance client care.
- Implemented follow-up strategies to maintain client engagement.
- Contributed to community health initiatives promoting nutrition education.

NUTRITION SPECIALIST

Healthwise Solutions

2014 - 2016

- Provided dietary consultations for clients with specific health concerns.
- Created informative content for newsletters focused on nutrition.
- Engaged with clients to assess their dietary habits and preferences.
- Utilized software to track client progress and outcomes.
- Conducted research to support evidence-based recommendations.
- Organized events to promote healthy eating in the community.