



# MICHAEL ANDERSON

## LEAD NUTRITION SPECIALIST

### CONTACT

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-  San Francisco, CA

### SKILLS

- Integrative nutrition
- Functional health
- Client education
- Nutritional software
- Workshop facilitation
- Disease prevention

### LANGUAGES

- English
- Spanish
- French

### EDUCATION

**BACHELOR OF SCIENCE IN DIETETICS,  
UNIVERSITY OF TEXAS AT AUSTIN**

### ACHIEVEMENTS

- Increased client satisfaction scores by 30% through enhanced service delivery.
- Featured speaker at the National Holistic Health Conference.
- Developed a successful online nutrition program that generated significant revenue.

### PROFILE

Dedicated Holistic Nutrition Consultant specializing in integrative nutrition and functional health. With a robust background in both clinical and alternative nutrition practices, the focus is on empowering clients to make informed dietary choices that align with their health aspirations. Expertise includes the development of comprehensive wellness plans that address not only nutritional needs but also lifestyle factors impacting health.

### EXPERIENCE

#### LEAD NUTRITION SPECIALIST

##### Integrative Health Center

*2016 - Present*

- Designed and implemented personalized nutrition programs for diverse client populations.
- Led group workshops aimed at educating clients on the principles of holistic nutrition.
- Conducted in-depth nutritional assessments to identify client needs.
- Collaborated with fitness professionals to create integrated health solutions.
- Utilized nutritional tracking software to monitor client progress and outcomes.
- Developed partnerships with local health organizations to expand outreach efforts.

#### NUTRITION CONSULTANT

##### Wellness Collaborative

*2014 - 2016*

- Provided nutritional counseling focused on chronic disease prevention.
- Created tailored meal plans for clients with specific health conditions.
- Facilitated workshops on the impact of nutrition on mental health.
- Engaged in continuous education to remain current with nutrition trends.
- Utilized client feedback to refine and enhance service offerings.
- Conducted research to support program development and client education.