



MICHAEL ANDERSON

HERBAL CONSULTANT

CONTACT

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-  San Francisco, CA

SKILLS

- Client counseling
- Herbal blending
- Nutritional assessment
- Workshop organization
- Community outreach
- Record keeping

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION,
COLLEGE OF NATURAL HEALTH, 2015**

ACHIEVEMENTS

- Achieved a 90% satisfaction rate among clients through tailored herbal solutions.
- Increased workshop attendance by 50% through effective marketing strategies.
- Recognized for outstanding contributions to community health initiatives.

PROFILE

Enthusiastic Herbal Medicine Consultant with a strong focus on preventive care and wellness. With over 5 years of experience in herbal consultations, I specialize in helping clients adopt a holistic approach to health and wellness. My background in nutrition combined with my herbal knowledge allows me to offer comprehensive guidance on natural remedies.

EXPERIENCE

HERBAL CONSULTANT

Wellness Roots

2016 - Present

- Guided clients in selecting appropriate herbal remedies based on their health goals.
- Developed customized herbal blends that improved client wellness by 25% within 3 months.
- Conducted workshops on herbal nutrition and its impact on overall health.
- Maintained meticulous records of client progress and treatment effectiveness.
- Collaborated with local farmers to source organic herbs for clinic use.
- Utilized social media to educate the public about herbal medicine benefits, increasing clinic visibility.

NUTRITION AND HERBAL ADVISOR

Holistic Health Hub

2014 - 2016

- Provided nutrition and herbal consultations to a diverse clientele, focusing on lifestyle changes.
- Created informative content on the synergy between nutrition and herbal medicine.
- Organized community outreach programs to raise awareness about natural health options.
- Evaluated client dietary habits to integrate herbs effectively into their nutrition plans.
- Facilitated group sessions on stress management using herbal remedies and nutrition.
- Monitored and documented client feedback to improve service delivery and outcomes.