



Michael ANDERSON

GERIATRIC HEALTH PSYCHOLOGIST

Dedicated Health Psychologist with a focus on geriatric populations, bringing over 7 years of experience in improving mental health outcomes for the elderly. Expertise in assessing cognitive decline and implementing psychological interventions to enhance quality of life. Proficient in conducting cognitive-behavioral therapy and developing supportive programs tailored to the unique needs of seniors.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Cognitive Behavioral Therapy
- Geriatric Assessment
- Caregiver Support
- Emotional Support Programs
- Research Skills
- Community Outreach

LANGUAGES

- English
- Spanish
- French

EDUCATION

**M.A. IN GEROPSYCHOLOGY,
UNIVERSITY OF FLORIDA**

ACHIEVEMENTS

- Improved patient mental health outcomes by 35% through targeted interventions.
- Recognized for developing a caregiver support program that reduced burnout by 20%.
- Published articles on aging and mental health in professional journals.

WORK EXPERIENCE

GERIATRIC HEALTH PSYCHOLOGIST

Senior Wellness Center

2020 - 2025

- Conducted psychological evaluations to assess mental health needs of elderly patients.
- Developed and implemented cognitive-behavioral therapy sessions for seniors.
- Collaborated with medical staff to create comprehensive care strategies for patients.
- Facilitated support groups focusing on grief and loss for older adults.
- Monitored patient progress and adjusted therapies based on individual needs.
- Created educational resources for caregivers on managing mental health in aging patients.

MENTAL HEALTH COUNSELOR

Elder Care Services

2015 - 2020

- Provided counseling services to elderly clients facing depression and anxiety.
- Conducted workshops for caregivers on enhancing mental health awareness.
- Engaged in community outreach to promote mental health resources for seniors.
- Evaluated the effectiveness of therapeutic interventions on mental health improvements.
- Developed individualized plans addressing the unique psychological needs of seniors.
- Participated in interdisciplinary team meetings to ensure holistic care.