



MICHAEL ANDERSON

Health Behavior Research Coordinator

Passionate Health Behavior Researcher with over 4 years of experience specializing in childhood obesity prevention. Expertise in designing and implementing interventions that promote healthy eating and physical activity among children and families. Strong ability to engage with school communities and stakeholders to foster supportive environments for health. Proficient in using program evaluation methods to assess the impact of interventions and improve program delivery.

CONTACT

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- San Francisco, CA

EDUCATION

Master's in Public Health

University of North Carolina
2016-2020

SKILLS

- Program coordination
- Childhood obesity prevention
- Data analysis
- Community engagement
- Health education
- Evaluation methods

LANGUAGES

- English
- Spanish
- French

WORK EXPERIENCE

Health Behavior Research Coordinator

2020-2023

Childhood Wellness Initiative

- Coordinated a community-based program aimed at reducing childhood obesity rates.
- Developed educational materials for schools, resulting in a 30% increase in healthy eating practices.
- Engaged with parents and educators to promote physical activity initiatives.
- Conducted evaluations of program effectiveness, leading to improved intervention strategies.
- Facilitated workshops for teachers on incorporating health education into the curriculum.
- Secured partnerships with local organizations to enhance program reach.

Research Intern

2019-2020

Healthy Kids Coalition

- Assisted in the development of surveys to assess children's dietary habits.
- Collected and analyzed data on physical activity levels among school-aged children.
- Contributed to reports that highlighted key findings for stakeholders.
- Participated in community outreach events to promote healthy lifestyle changes.
- Provided support in organizing educational workshops for families.
- Engaged with community members to gather feedback on health programs.

ACHIEVEMENTS

- Achieved a 25% reduction in obesity rates in participating schools within one year.
- Secured a grant for \$50,000 to expand childhood nutrition programs.
- Recognized as an emerging leader in childhood health research by the Public Health Association.