



# MICHAEL ANDERSON

## Dance Fitness Instructor

Experienced and detail-oriented Group Fitness Instructor with a specialization in dance fitness and choreography. Known for the ability to create vibrant, high-energy classes that inspire participants to enjoy movement while achieving their fitness goals. Proficient in various dance styles, integrating them into fitness routines to enhance enjoyment and engagement. Strong background in choreography allows for the development of unique and diverse class offerings that cater to different skill levels.

### CONTACT

- (555) 234-5678
- michael.anderson@email.com
- San Francisco, CA

### EDUCATION

#### Bachelor of Fine Arts in Dance

University of the Arts  
2014

### SKILLS

- Dance fitness
- Choreography
- Creative programming
- Community engagement
- Social media marketing
- Participant motivation

### LANGUAGES

- English
- Spanish
- French

### WORK EXPERIENCE

#### Dance Fitness Instructor

2020-2023

Rhythm & Fitness Studio

- Designed and led high-energy dance fitness classes, attracting diverse groups of participants.
- Developed choreography that incorporates various dance styles to enhance class experience.
- Utilized participant feedback to continuously improve class offerings and engagement.
- Organized community dance events to promote fitness through fun and social interaction.
- Collaborated with local artists to enhance class diversity and creativity.
- Maintained a vibrant and energetic atmosphere that motivated participants to push their limits.

#### Group Fitness Instructor

2019-2020

Energetic Moves Gym

- Led a variety of dance-based group fitness classes, focusing on enjoyment and fitness.
- Incorporated innovative choreography to keep classes fresh and exciting.
- Engaged participants through interactive sessions and motivational techniques.
- Maintained a safe and inclusive environment for all fitness levels.
- Tracked class attendance and participant progress to enhance offerings.
- Promoted classes through social media and community outreach initiatives.

### ACHIEVEMENTS

- Increased class attendance by 70% through innovative marketing strategies.
- Recipient of the 'Best Dance Fitness Instructor' award in 2021.
- Successfully organized a charity dance marathon that raised over \$5,000 for local charities.