

MICHAEL ANDERSON

Senior Geriatric Nutritionist

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Distinguished Geriatric Nutritionist with extensive expertise in the development and implementation of nutrition programs tailored to the unique needs of elderly populations. Demonstrated proficiency in conducting comprehensive nutritional assessments, formulating individualized dietary plans, and collaborating with multidisciplinary teams to enhance patient outcomes. Possesses a profound understanding of the physiological changes associated with aging and their implications on nutrition.

WORK EXPERIENCE

Senior Geriatric Nutritionist | ElderCare Wellness Center

Jan 2022 – Present

- Conducted thorough nutritional assessments for over 200 elderly patients annually.
- Developed and implemented personalized nutrition plans based on individual health conditions.
- Collaborated with physicians and dietitians to optimize dietary interventions for chronic diseases.
- Led workshops on nutrition education for caregivers and family members.
- Utilized evidence-based guidelines to adjust dietary recommendations in response to evolving health needs.
- Monitored patient progress and modified nutrition plans to enhance adherence and outcomes.

Geriatric Nutrition Consultant | Healthy Aging Institute

Jul 2019 – Dec 2021

- Provided consulting services to nursing homes and assisted living facilities on nutrition best practices.
- Conducted training sessions for staff on the importance of nutrition in elderly care.
- Evaluated and improved meal planning processes to meet dietary restrictions and preferences.
- Facilitated community outreach programs to raise awareness about geriatric nutrition.
- Implemented dietary tracking systems to assess the effectiveness of nutritional interventions.
- Published articles in professional journals on best practices in geriatric nutrition.

SKILLS

Nutritional Assessment

Diet Planning

Patient Education

Chronic Disease Management

Interdisciplinary Collaboration

Research and Advocacy

EDUCATION

Master of Science in Nutrition

2014

University of Health Sciences

ACHIEVEMENTS

- Improved patient adherence to dietary recommendations by 40% through innovative education strategies.
- Received the 'Excellence in Geriatric Care' award from the National Nutrition Association in 2021.
- Authored a widely adopted guide on nutritional care for elderly patients, influencing best practices across multiple facilities.

LANGUAGES

English

Spanish

French