



Michael ANDERSON

COMMUNITY GERIATRIC NUTRITIONIST

Dedication to geriatric nutrition characterized by a compassionate approach and extensive experience in community health settings. Expertise in nutritional counseling and meal planning tailored to meet the specific needs of older adults. Strong background in conducting nutritional assessments and collaborating with healthcare teams to ensure comprehensive care. A proactive advocate for nutritional health, with a focus on improving dietary habits among vulnerable populations.

CONTACT

- 📞 (555) 234-5678
- ✉️ michael.anderson@email.com
- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

SKILLS

- Nutritional Counseling
- Community Outreach
- Program Evaluation
- Food Security Advocacy
- Workshop Facilitation
- Health Education

LANGUAGES

- English
- Spanish
- French

EDUCATION

**BACHELOR OF SCIENCE IN NUTRITION,
COMMUNITY HEALTH FOCUS,
UNIVERSITY OF COMMUNITY HEALTH**

ACHIEVEMENTS

- Increased participation in nutrition programs by 50% over three years.
- Recognized for outstanding service in community health initiatives.
- Developed a guide for best practices in community nutrition.

WORK EXPERIENCE

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Elderly Nutrition Program

2020 - 2025

- Provided nutritional counseling to low-income elderly clients.
- Developed community outreach programs addressing food security issues.
- Conducted home visits to assess dietary needs and preferences.
- Collaborated with local food banks to ensure access to nutritious foods.
- Organized cooking demonstrations to promote healthy eating.
- Evaluated program success through participant surveys.

NUTRITIONAL CONSULTANT

Senior Health Alliance

2015 - 2020

- Provided consultations to senior living facilities on dietary best practices.
- Conducted workshops for caregivers on nutrition education.
- Assisted in the development of nutrition policies for senior care.
- Evaluated dietary programs for effectiveness and compliance.
- Created educational materials for staff training.
- Promoted community initiatives aimed at improving senior nutrition.