



MICHAEL ANDERSON

Senior Geriatric Nutritionist

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SUMMARY

Accomplished Geriatric Nutritionist with over a decade of experience in the field of nutritional science and geriatric care. Demonstrated expertise in developing tailored nutritional programs that enhance the quality of life for elderly patients. Proven ability to collaborate with interdisciplinary teams to achieve optimal health outcomes while educating families on dietary needs.

WORK EXPERIENCE

Senior Geriatric Nutritionist Elder Care Health Services

Jan 2023 - Present

- Developed individualized meal plans based on comprehensive nutritional assessments.
- Collaborated with healthcare professionals to create interdisciplinary care strategies.
- Conducted workshops for caregivers on the importance of nutrition in elderly care.
- Monitored patient progress and adjusted dietary plans accordingly.
- Utilized software for tracking dietary intake and health metrics.
- Advocated for patient needs during team meetings, enhancing care coordination.

Geriatric Dietetic Consultant Senior Wellness Institute

Jan 2020 - Dec 2022

- Performed nutritional assessments for patients in various healthcare settings.
 - Developed educational materials for staff training on geriatric nutrition.
 - Participated in community outreach programs to promote healthy eating.
 - Evaluated the effectiveness of dietary interventions through patient feedback.
 - Provided one-on-one counseling sessions to patients and families.
 - Implemented a nutrition monitoring system to track patient outcomes.
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EDUCATION

Master of Science in Nutrition and Dietetics, University of Nutrition Sciences

Sep 2019 - Oct 2020

ADDITIONAL INFORMATION

- **Technical Skills:** Nutritional Assessment, Patient Counseling, Diet Planning, Interdisciplinary Collaboration, Outcome Evaluation, Public Speaking
- **Awards/Activities:** Increased patient adherence to dietary plans by 30% through personalized education.
- **Awards/Activities:** Presented research at the National Geriatric Nutrition Conference.
- **Awards/Activities:** Developed a community nutrition program that served over 500 seniors.
- **Languages:** English, Spanish, French