

MICHAEL ANDERSON

Geriatric Mental Health Care Manager

- San Francisco, CA
- (555) 234-5678
- michael.anderson@email.com

Dedicated Geriatric Care Manager with a strong focus on mental health and emotional well-being of elderly clients. Over 10 years of experience in providing psychological support and counseling to seniors facing various life challenges. Proficient in developing individualized mental health care plans, integrating therapeutic interventions with physical health management. Expertise in collaborating with healthcare providers to ensure a holistic approach to geriatric care.

WORK EXPERIENCE

Geriatric Mental Health Care Manager | Senior Wellness Center

Jan 2022 – Present

- Developed and implemented mental health care plans tailored to individual client needs.
- Conducted individual and group therapy sessions to support emotional well-being.
- Collaborated with medical teams to integrate mental health with physical health care.
- Facilitated workshops on mental health awareness for families and caregivers.
- Monitored client progress and adjusted care strategies accordingly.
- Advocated for mental health resources within the community.

Counselor for Geriatric Clients | ElderCare Counseling Services

Jul 2019 – Dec 2021

- Provided counseling services to elderly clients facing emotional and psychological challenges.
- Created individualized support plans to address mental health needs.
- Worked with families to educate them on mental health issues affecting seniors.
- Facilitated support groups to foster community and sharing among clients.
- Coordinated with healthcare providers to ensure comprehensive care.
- Participated in community outreach programs to promote mental health resources.

SKILLS

mental health care

counseling

therapeutic interventions

client advocacy

community outreach

emotional support

EDUCATION

Master of Social Work

2015 – 2019

Columbia University

ACHIEVEMENTS

- Increased client engagement in mental health programs by 40% over two years.
- Recognized for Outstanding Contribution to Elderly Mental Health in 2023.
- Developed a community initiative that reduced stigma around mental health for seniors.

LANGUAGES

English

Spanish

French