



MICHAEL ANDERSON

General Practice Physician with Mental Health Focus

Dynamic General Practice Doctor with a focus on mental health integration in primary care, bringing 6 years of experience in treating patients with complex psychological and physical health needs. My approach emphasizes the importance of mental health as a critical component of overall wellbeing. I have developed a collaborative practice model that incorporates mental health assessments into routine physical examinations, providing comprehensive care for my patients.

WORK EXPERIENCE

General Practice Physician with Mental Health Focus 2020-2023

Integrated Care Clinic

- Conducted mental health screenings as part of routine patient assessments to identify needs early.
- Developed integrated treatment plans that addressed both physical and mental health concerns.
- Collaborated with psychiatrists and psychologists to coordinate comprehensive care.
- Educated patients on the interconnection between physical and mental health, enhancing their understanding.
- Participated in community workshops to promote mental health awareness and resources.
- Utilized telemedicine to provide accessible mental health support to patients in rural areas.

Family Medicine Resident 2019-2020

Metro General Hospital

- Participated in rotations that included mental health, gaining insight into integrated care approaches.
- Assisted in patient education initiatives focusing on mental wellness and chronic disease management.
- Engaged in team meetings to discuss patient care strategies, including mental health considerations.
- Documented patient interactions to ensure comprehensive care delivery.
- Conducted follow-up visits to monitor patient progress and adherence to treatment plans.
- Participated in quality improvement projects to enhance patient care practices.

ACHIEVEMENTS

- Increased access to mental health services by 25% through integrated care initiatives.
- Recipient of the 'Mental Health Advocate' award for contributions to community wellness.
- Published research on the benefits of integrated care in primary settings.

CONTACT

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EDUCATION

Doctor of Medicine (MD)

University of Integrated Health

2016-2020

SKILLS

- Mental Health Integration
- Patient Education
- Collaborative Care
- Telemedicine
- Community Engagement
- Preventive Care

LANGUAGES

- English
- Spanish
- French