



# MICHAEL ANDERSON

Primary Care Physician with Mental Health Focus

Compassionate General Physician with a focus on mental health integration into primary care. Over 9 years of experience in providing holistic care that addresses both physical and mental health needs. Skilled in collaborating with mental health professionals to create comprehensive treatment plans that promote overall well-being. Committed to reducing the stigma around mental health and enhancing patient knowledge about available resources.

## CONTACT

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- San Francisco, CA

## EDUCATION

### Doctor of Medicine (MD)

Psychiatry  
Mental Health University

## SKILLS

- Mental Health Integration
- Patient Education
- Holistic Care
- Empathy
- Communication
- Health Assessment

## LANGUAGES

- English
- Spanish
- French

## WORK EXPERIENCE

### Primary Care Physician with Mental Health Focus

2020-2023

Integrated Health Solutions

- Provided primary care services while integrating mental health screenings and referrals
- Developed treatment plans that included both physical and mental health interventions
- Conducted workshops on mental health awareness and coping strategies
- Collaborated with therapists to improve patient care coordination
- Utilized patient feedback to enhance mental health services
- Maintained up-to-date knowledge of mental health resources and best practices

### General Physician

2019-2020

Wellness Care Clinic

- Managed comprehensive medical care for patients, emphasizing mental health integration
- Educated patients on the connection between physical and mental health
- Facilitated support groups for patients dealing with mental health issues
- Conducted routine health assessments to monitor overall well-being
- Participated in community outreach to promote mental health resources
- Maintained accurate patient records in compliance with regulations

## ACHIEVEMENTS

- Increased patient engagement in mental health screenings by 35%
- Awarded 'Best Integrated Care Provider' in 2022 by local health organization
- Developed a community support program that served over 300 individuals