

MICHAEL ANDERSON

Integrated Care Physician

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Dynamic General Care Physician with a focus on mental health integration into primary care, bringing over 7 years of experience. Skilled in recognizing and addressing mental health issues within the primary care setting, ensuring comprehensive treatment plans that include both physical and mental health components. Strong advocate for patient-centered care, emphasizing the importance of mental well-being in overall health.

WORK EXPERIENCE

Integrated Care Physician | Mind & Body Health Center

Jan 2022 – Present

- Provided holistic care addressing both physical and mental health needs of patients.
- Implemented screening tools for early detection of mental health issues in primary care.
- Collaborated with psychologists and social workers to create comprehensive treatment plans.
- Conducted workshops on mental health awareness, reducing stigma in the community.
- Utilized patient feedback to improve care delivery and patient satisfaction.
- Participated in research aimed at enhancing mental health integration in primary care settings.

Family Medicine Resident | General Hospital

Jul 2019 – Dec 2021

- Managed patient care focusing on holistic approaches to health.
- Participated in interdisciplinary rounds to discuss patient care strategies.
- Engaged in mental health training to enhance awareness and treatment in primary care.
- Supported community initiatives aimed at promoting mental wellness.
- Conducted research on the impact of mental health on chronic disease outcomes.
- Assisted in patient education initiatives that prioritize mental health awareness.

SKILLS

Mental Health Integration

Patient-Centered Care

Holistic Treatment

Community Engagement

Interdisciplinary Collaboration

Research

EDUCATION

Doctor of Medicine

University of Wellness

2014

ACHIEVEMENTS

- Recognized for excellence in mental health care integration in 2020.
- Increased patient satisfaction scores by 35% through improved mental health services.
- Published findings on mental health integration in primary care in a peer-reviewed journal.

LANGUAGES

English

Spanish

French