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## SKILLS

- Wellness Program Design
- Employee Engagement
- Health Assessments
- Workshop Facilitation
- Data Analysis
- Consulting

## EDUCATION

**MASTER OF SCIENCE IN NUTRITION, NEW YORK UNIVERSITY**

## LANGUAGE

- English
- Spanish
- German

## ACHIEVEMENTS

- Recognized as 'Wellness Champion' by the corporate board for outstanding program impact.
- Increased employee satisfaction scores related to wellness initiatives by 30%.
- Successfully implemented a nutrition program that reduced healthcare costs by 15%.

# Michael Anderson

## CORPORATE WELLNESS PROGRAM MANAGER

Innovative Food and Nutrition Program Manager with a focus on corporate wellness initiatives and employee health promotion. Proven expertise in designing and implementing comprehensive nutrition programs tailored to organizational needs, enhancing employee productivity and well-being. Skilled in conducting health assessments and utilizing data-driven insights to create targeted interventions. Strong track record of collaborating with HR departments and wellness committees to foster a culture of health within the workplace.

## EXPERIENCE

### CORPORATE WELLNESS PROGRAM MANAGER

Global Tech Solutions

2016 - Present

- Designed and launched a corporate wellness program that increased employee participation by 50%.
- Conducted health screenings and nutrition assessments for over 1,000 employees.
- Developed and facilitated nutrition workshops and seminars, enhancing knowledge and engagement.
- Collaborated with fitness professionals to create integrated wellness challenges.
- Monitored program effectiveness and adjusted strategies based on employee feedback.
- Prepared reports for executive leadership on program outcomes and recommendations.

### NUTRITION CONSULTANT

Freelance

2014 - 2016

- Provided tailored nutrition consulting services to small businesses and organizations.
- Developed customized nutrition programs focused on employee health and wellness.
- Conducted workshops on meal planning and healthy eating on a budget.
- Utilized social media to promote healthy eating tips and resources.
- Evaluated client progress and adjusted programs as necessary for optimal results.
- Built strong relationships with clients to ensure ongoing support and engagement.