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EXPERTISE SKILLS

- Mental Health Integration
- Family Therapy
- Community Partnerships
- Psychoeducation
- Program Development
- Advocacy

LANGUAGES

- English
- Spanish
- French

CERTIFICATION

- Master of Social Work, Columbia University, 2018

REFERENCES

John Smith

Senior Manager, Tech Corp
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Sarah Johnson

Director, Innovation Labs
sarah.j@email.com

Michael Brown

VP Engineering, Solutions Inc
mbrown@email.com

MICHAEL ANDERSON

MENTAL HEALTH FAMILY SUPPORT WORKER

Innovative Family Support Social Worker with a focus on integrating mental health services into family support frameworks. Expertise in assessing the psychological needs of families and coordinating appropriate interventions. Demonstrated ability to cultivate relationships with families, fostering a supportive environment that encourages open communication and healing. Skilled in developing community partnerships to enhance service accessibility and effectiveness.

PROFESSIONAL EXPERIENCE

Guiding Light Counseling

Mar 2018 - Present

Mental Health Family Support Worker

- Provided mental health assessments and created individualized care plans.
- Facilitated family therapy sessions to address relational issues.
- Collaborated with healthcare providers to ensure comprehensive support.
- Developed mental health awareness programs for families.
- Documented client progress and adjusted treatment plans as necessary.
- Organized community outreach to destigmatize mental health issues.

Community Mental Health Center

Dec 2015 - Jan 2018

Family Engagement Specialist

- Engaged families in treatment planning and decision-making processes.
- Provided psychoeducation to families regarding mental health resources.
- Monitored family dynamics and provided ongoing support.
- Facilitated communication between families and service providers.
- Conducted workshops on coping strategies and resilience building.
- Evaluated program outcomes to improve service delivery.

ACHIEVEMENTS

- Increased family participation in mental health programs by 40%.
- Received recognition for innovative program design at the Annual Social Work Conference.
- Successfully implemented a family support initiative that improved client satisfaction ratings.