



# Michael

## ANDERSON

### YOUTH COUNSELOR

Innovative Faith-Based Counselor with a strong background in youth mentoring and guidance, possessing over 10 years of experience in supporting adolescents through transitional life stages. Expertise in creating engaging, faith-centered programs that foster personal growth and resilience among young individuals. Proven ability to connect with youth through relatable communication and active listening techniques, facilitating an open dialogue about their challenges and aspirations.

#### CONTACT

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- 🌐 www.michaelanderson.com
- 📍 San Francisco, CA

#### SKILLS

- Youth Counseling
- Mentorship
- Workshop Facilitation
- Family Engagement
- Community Service
- Mental Health Awareness

#### LANGUAGES

- English
- Spanish
- French

#### EDUCATION

**BACHELOR OF ARTS IN PSYCHOLOGY,  
WHEATON COLLEGE**

#### ACHIEVEMENTS

- Established a mentorship program that served over 100 youths in the community.
- Recognized for outstanding contribution to youth development by local organizations.
- Authored a guide on faith-based mentoring practices for youth leaders.

#### WORK EXPERIENCE

##### YOUTH COUNSELOR

Empower Youth Center

2020 - 2025

- Conducted individual and group counseling sessions tailored to youth needs.
- Designed and implemented mentorship programs for at-risk adolescents.
- Facilitated workshops on self-esteem and decision-making skills.
- Collaborated with schools to promote mental health awareness among students.
- Engaged parents in the counseling process to foster family support.
- Maintained comprehensive documentation of client progress and outcomes.

##### FAITH-BASED YOUTH MENTOR

Hope for Tomorrow

2015 - 2020

- Provided mentorship and guidance to youth facing personal and academic challenges.
- Organized community service projects to instill a sense of responsibility and faith.
- Conducted assessments to identify individual strengths and areas for growth.
- Promoted positive peer relationships through group activities and discussions.
- Maintained regular communication with families to support youth development.
- Participated in training sessions to enhance mentoring skills and techniques.