



MICHAEL ANDERSON

LEAD FAMILY COUNSELOR

PROFILE

Accomplished Faith-Based Counselor specializing in family dynamics and relational healing, with over 12 years of experience in guiding clients through complex emotional landscapes. Expertise in integrating psychological principles with biblical teachings to provide comprehensive counseling tailored to family units. Committed to fostering resilience and reconciliation among families facing challenges, utilizing a strengths-based approach that empowers clients.

EXPERIENCE

LEAD FAMILY COUNSELOR

Faith Family Services

2016 - Present

- Conducted family therapy sessions to address communication issues and relational conflicts.
- Developed customized intervention plans based on family dynamics and individual needs.
- Facilitated workshops on effective communication and conflict resolution for families.
- Engaged in community outreach to educate on the importance of mental health in family settings.
- Provided crisis intervention for families in distress, ensuring swift and effective support.
- Maintained up-to-date knowledge of family counseling techniques and best practices.

FAITH-BASED COUNSELOR

New Hope Counseling Center

2014 - 2016

- Assisted families in navigating life transitions through supportive counseling.
- Utilized a faith-based approach to help clients explore their values and beliefs.
- Conducted assessments to identify underlying issues affecting family dynamics.
- Promoted family unity and healing through structured therapy sessions.
- Documented client progress and adjusted therapy plans as necessary.
- Collaborated with local churches to provide resources for families in crisis.

CONTACT

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- 📍 San Francisco, CA

SKILLS

- Family Therapy
- Conflict Resolution
- Communication Skills
- Crisis Management
- Workshop Facilitation
- Community Engagement

LANGUAGES

- English
- Spanish
- French

EDUCATION

MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY, FULLER THEOLOGICAL SEMINARY

ACHIEVEMENTS

- Increased family counseling participation by 40% through community initiatives.
- Presented at national conferences on the integration of faith and family therapy.
- Recipient of the Excellence in Counseling Award from the Family Therapy Association.